



# MAYWAY

Chinese herbs & herbal products since 1969

## Allergen Warning: The following products contain **cuttlefish**

Hai Piao Xiao, commonly known as cuttlefish, is a medicinal substance used in Chinese medicine. Individuals allergic to fish, seafood or shellfish should use caution with the following products to avoid food sensitivities or allergic reactions.

There are several substances used in the Chinese pharmacopeia that are derived from sea creatures or shells such as Mu Li/ Oyster Shell, Zhen Zhu Mu/Mother of Pearl, Gui Ban/Turtle Shell, Bie Jia/ Turtle Shell. These shells no longer contain any of the allergy producing proteins that are derived from the flesh, so are generally considered to be safe for those with fish allergies. Hai Piao Xiao/ Sepia esculenta is the processed bone of the cuttlefish and may be more likely to have trace remnants of the proteins of the cuttlefish flesh remaining on the product. This is why we have an allergen warning for products containing Hai Piao Xiao/ Sepia esculenta bone, but not other products derived from sea creatures.

<u>Product Name</u>	<u>Product No.</u>	<u>Allergen</u>
Hai Piao Xiao, extract powder	5973C	contains Hai piao xiao/ Sepia esculenta bone
Hai Piao Xiao, unsulfured herb	5973SF	contains Hai piao xiao/ Sepia esculenta bone
Si Fang Wei Pian	3939	contains Hai piao xiao/ Sepia esculenta bone
Stomach Formula	3939	contains Hai piao xiao/ Sepia esculenta bone